



## Sample Article for Your Student Newsletter

*WorkSafe Saskatchewan* encourages schools to include an article in their student newspaper or newsletter on the WorkSafe Student Video Contest. Below is a sample version of what could be included.

### *Student Video Contest*

We like to think we're invincible. But the truth is, young workers just like us are injured in the workplace each and every day. Over 9000 Saskatchewan workers between the ages of 15 and 24 are hurt on the job every year. On average, another five die in a workplace accident annually. The one common thing about all of these injuries and deaths is that they are preventable.





Cuts, burns, falls, these incidents are completely preventable. Thinking about safety first can drastically reduce these statistics. Do you and your friends have a story to share, or a "oh, that was close!" moment? Know someone who is doing it right around injury prevention?

Now is your chance to get creative and **MAKE A VIDEO** to share your thoughts on workplace health and safety and injury prevention.

### **WHAT'S IN IT FOR YOU? FAME! CASH!**

If your video is one of the top three selected, you and your school will each receive a cash prize. The winning entries will be announced in March 2010 at the Workers' Compensation Board's annual convention – the **2010 Compensation Institute**. Winners will be invited to an awards ceremony in Regina and have their winning entry posted on [www.worksafesask.ca](http://www.worksafesask.ca) and [www.wcbsask.com](http://www.wcbsask.com).

### **SOME THINGS YOU NEED TO KNOW**

-  Keep your video to five minutes or less
-  Entries can be completed individually or as part of a team
-  Send in your entry by **February 19, 2010**
-  For more information – including entry forms, contest rules and regulations, visit [www.worksafesask.ca](http://www.worksafesask.ca).