

200-1881 Scarth St., Regina, SK S4P 4L1 Phone: 306.787.4370 Toll free: 1.800.667.7590 wcbsask.com

## The WCB's list of accredited mental health providers

The following WCB accredited mental health providers have agreed that the WCB may publish their contact information externally so that workers or employers may reach out to them regarding treatment for mental health issues arising from a work in jury.

The mental health providers on this accredited list may or may not be able to accept a new patient at any given time, depending on their current capacity.

However, where a WCB claim has been registered, even if not yet adjudicated, the WCB can arrange an appointment promptly, eliminating the need for workers or employers to call multiple treatment offices. The WCB may also arrange for a mental health program, which may involve the following list of mental health providers. This program includes counselling, team-based therapy, exercise therapy, exposure therapy and return-to-work supports. These WCB referrals may prevent moving to a different provider if a more comprehensive program is needed.

The WCB encourages early reporting of work in jury claims so the adjudication process can begin and the WCB can help with medical appointments such as the above.

To file a work injury claim, please visit the following links: Injured worker: wcbsask.com/W1 Employer with an injured worker: wcbsask.com/E1

Mental health providers who want to be added to this list can contact the WCB at: Phone: 306.787.4339 Toll free: 1.800.664.7590 Fax: 306.787.2428 Toll free fax: 1.888.844.7773

## The WCB's list of accredited mental health providers:

Dr. Yumi Hopfner – Lloydminster Phone: 306.825.6195 Email: <u>hopfnerandassociates@gmail.com</u>

Jane Chukwujekwu, MSW – Janec Therapy – Regina Cell phone: 639.999.0461 Phone: 306.757.9701 Email: janectherapy@gmail.com

Kathryn Cochrane, MA – PAR Consultants – Regina Phone: 306.352.0680



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Steve Jacobson, MA – Regina Phone: 306.921.4176 Email: <u>stejacobson@gmail.com</u>

Dr. Katherine Mazenc – Regina Email: <u>katherinemazenc@gmail.com</u>

Dr. Joseph Kluger – Regina Phone: 306.731.2593 Email: <u>Sherlock.h@sasktel.net</u>

Dr. Carverhill – Carverhill Counselling – Saskatoon Phone: 306.651.7445

Dr. Kurtenbach – Saskatoon Phone: 306.994.7198 Email: <u>tyson@psyxe.ca</u>

Dr. Levitt – Saskatoon Phone: 306.202.7425 Email: <u>t.levittpsy@outlook.com</u>